

# Will you be **PREGNANT** this flu season?

Doctors recommend that you get a **FLU SHOT**.

Being pregnant increases your risk  
of getting very sick from the flu.  
Stay healthy during your pregnancy.  
Get vaccinated.



**STUDIES SHOW THAT THE FLU SHOT IS SAFE FOR PREGNANT WOMEN.**



Department of Health and  
Human Services  
Centers for Disease Control  
and Prevention



For more information, ask your healthcare provider or call  
**800-CDC-INFO (800-232-4636)** Website [www.cdc.gov/flu](http://www.cdc.gov/flu)